

Name _____

Date _____

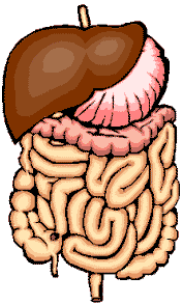
Under the Skin – Post-Activity

Label the following muscle types using the word bank below, then circle whether that type of muscle is “voluntary” or “involuntary.”

Skeletal Muscle

Cardiac Muscle

Smooth Muscle



Muscle Type _____

Voluntary

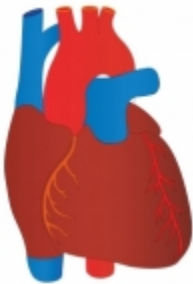
Involuntary



Muscle Type _____

Voluntary

Involuntary



Muscle Type _____

Voluntary

Involuntary

Questions

1. Explain the differences between voluntary and involuntary muscles.
2. List specific examples of voluntary and involuntary muscles.